



# Relation-Shift Recommended Resources

[www.relationshiftproject.com](http://www.relationshiftproject.com)

## ***For Support and Counseling***

- **National Domestic Violence Hotline**  
800 799-SAFE (7233), 800-787-3223 (TTY), [www.ncvh.org](http://www.ncvh.org)
- **Rape, Abuse & Incest National Network (RAINN) Hotline**  
800-656-HOPE (4673), [www.rainn.org](http://www.rainn.org)
- **National Teen Dating Abuse Helpline**  
866-331-9474, 866-331-8453 TTY, [www.loveisrespect.org](http://www.loveisrespect.org)

## ***Data on Relationship and Sexual Violence in the US***

- Center for Disease Control, *Sexual Violence: Risk and Protective Factors*  
<http://www.cdc.gov/violenceprevention/sexualviolence/riskprotectivefactors.html>
- Center for Disease Control, *Sexual Violence Prevention: Beginning the Dialogue*  
<https://www.cdc.gov/violenceprevention/pdf/svprevention-a.pdf>

## ***Organizations and Interventions for Schools***

- **Futures Without Violence**  
National organization with extensive resources, materials and information for educators, parents and coaches on preventing and addressing relationship and sexual violence.  
<https://www.futureswithoutviolence.org/>
- **PreventConnect.org**  
A national online project dedicated to the primary prevention of sexual assault and domestic violence  
Website: [www.preventconnect.org/](http://www.preventconnect.org/)
- **Start Strong**  
<http://startstrong.futureswithoutviolence.org/>
- **OneLove Foundation**  
Awareness campaign and Campus Workshops to stop relationship violence  
Website: <http://www.joinonelove.org/>
- **CASS: Creating a Safe School**  
The Ophelia Project offers inservice training on gender bias and relationship aggression in school. Workshops and seminars are available for students, teachers and employers who want to achieve a safe social climate.  
<http://www.opheliaproject.org/teacher.html>

## ***Comprehensive Wellness and Sex Education***

- Parents Sex Ed Center <http://www.advocatesforyouth.org/parents-sex-ed-center-home> Making

Proud Choices: <http://www.advocatesforyouth.org/publications/1143-making-proud-choices>

- Get Real (from Planned Parenthood) <http://getrealeducation.org/>
- Advocates for Youth <http://www.advocatesforyouth.org/3rs-curriculum>
- **National Sexuality Education Standards** - <http://www.futureofsexed.org/documents/josh-fose-standards-web.pdf>
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### ***Gender, Media and Healthy Development***

- The Representation Project  
Curriculum, classroom tools and films that “inspire individuals and communities to challenge and overcome limiting stereotypes so that everyone, regardless of gender, race, class, age, sexual orientation, or circumstance, can fulfill their human potential.”
- The Mask You Live In Documentary  
“The Mask You Live In follows boys and young men as they struggle to stay true to themselves while negotiating America’s narrow definition of masculinity. Research shows that compared to girls, boys in the U.S. are more likely to be diagnosed with a behavior disorder, prescribed stimulant medications, fail out of school, binge drink, commit a violent crime, and/or take their own lives.”  
Website: <http://therepresentationproject.org/film/the-mask-you-live-in/> (available on Netflix)
- Miss Representation Documentary  
“The media is selling the idea that girls’ and women’s value lies in their youth, beauty, and sexuality and not in their capacity as leaders. Boys learn that their success is tied to dominance, power, and aggression. We must value people as whole human beings, not gendered stereotypes.”  
Website: <http://therepresentationproject.org/film/miss-representation/>
- **Pornography Education: Fight the New Drug**  
“With a simple desire to make an impact on the world, we used science, facts and personal accounts to help spread the message about the harmful effects of pornography.”  
Website: <http://fightthenewdrug.org/>

### ***Athlete-Focused Programs***

- Mentors in Violence Prevention  
Website: [www.mvpnational.org](http://www.mvpnational.org)  
“MVP provides the leadership necessary, within sport and beyond, to address the global issues of sexism – especially men’s violence against women. ...we educate, inspire and empower men & women to prevent, interrupt and respond to sexist abuse.”
- **Coaching Boys Into Men**  
“CBIM is a Coaches Leadership Program that partners with athletic coaches to help young male athletes practice respect towards themselves and others.”  
Website: <http://www.coachescorner.org/>

### ***Teen Resources: Scarleteen***

Created for teens, this website acts as a resource on topics ranging from healthy relationships, intimacy and pregnancy to navigating uncomfortable conversations with partners and adults. Concentrating on checklists, guides and question/answer scenarios, the site approaches topics from a teen perspective, respecting young people’s relationships and experiences.  
Website: [scarleteen.com](http://scarleteen.com)